

"I learned more about life, wisdom, and myself in a week than during any semester course at school."- Student, Jan. '04

"The learning experience was so profound ... too amazing to explain in words."- Student, Jan. '95

"This class was one of the most meaningful I have ever taken or probably ever will take. The instructors were thoughtful, compassionate human beings who aided me to see that a new direction is possible and that it isn't too late to make changes to achieve happiness and peace of mind."- Student, Jan. '10

WANT A CHALLENGING AND SERENE INTERTERM 2015?

Join us in Colorado

TIBETAN BUDDHIST RETREAT

Coming this Interterm

January, 2015

(This retreat structure is appropriate for courses in Philosophy, Religion, Sociology, Anthropology, or Psychology)

Students: Register Today
Professors: Create your own*

These college courses/retreats have been offered for 22 consecutive years.

Location: Shambhala Mountain Center. See www.shambhalamountain.org

SEE OTHER SIDE FOR DETAILS

* Professors are invited to use the existing facilities, course, schedule, and in-house instructors, as well as develop and customize the retreat to their own course interests and needs. They will have separate, private housing

Chapman University announces a very challenging and very peaceful Interterm 2015 course open to students and professors from all colleges structured with Interterms.



INTERTERM 2015 (January 21 – January 31)

“Most of us go through life afraid of our own shadow or trying to step all over the shadow of the person ahead of us. Sometimes, we don’t even notice the shadows at all. Every once in a while something stops us; an open smile, a kind touch, a fiercely stunning snow storm, and for one brief moment we just experience, without armor and without judgment, the incredible richness of our lives. Then we long for moments like that to happen again. Both the moment and the longing for the moment are part of our basic nature.”
(Chogyam Trungpa, Tibetan Meditation Master)

ANCIENT WISDOM, MODERN MADNESS:

Tibetan Teachings for Contemporary Life

(Sociology 326)

3 credits and now has **CH II and World Cultures Credit**

A 10 day retreat course at a Tibetan-American Buddhist Center in the Spectacular Colorado Rockies (Shambhala Mountain Center)

Costs: Range is between \$1370-1607. Transportation not included.

For those interested in the Eastern Paths of Liberation, this is a wonderful opportunity to explore the teachings of Tibetan Buddhism as well as the Sacred Warrior Tradition of Shambhala. This course will be taught by four senior students of Chogyam Trungpa, as well as sociologist, Dr. Bernard McGrane, author of Beyond Anthropology, Society and the Other, The Un-TV and the 10 MPH Car, and, with Inge Bell, This Book Is Not Required. The program revolves around meditation, discussions, one-on-one meditation instruction, the contemplative arts (ex. Flower Arranging, Kudo, Tea Ceremony), Maitri Space Awareness, and Aimless Wandering.



Key Dates:

Sept-Oct. -	Notification of interest to Dr. McGrane plus getting his signature to enroll. 714-997-6564; mcgrane@chapman.edu; Roosevelt 216; Also contact Jean Lawson, Center for Global Education: lawson@chapman.edu
Oct 20th -	Deposit due to Jean Lawson, Center for Global Education
Dec. 12th -	Three hour orientation meeting for students: 3pm DH 146
Jan. 21st -	Arrive at Shambhala Mountain Center (details in syllabus)
Jan 31st -	Return to Chapman University, or elsewhere
Feb. 10th -	Final Take-Home Reflection paper due to McGrane's mailbox, Roosevelt 200

Transportation: Instructor will help students coordinate themselves into carpools or with airline tickets.

More Information: Contact the Chapman coordinator, Dr. Bernard McGrane, Sociology Department, Roosevelt Hall 216. You may also write to Chapman University, Department of Sociology, One University Drive, Orange, CA 92866 or call 714-997-6564. E-Mail: mcgrane@chapman.edu, www.shambhalamountain.org